

- **So what?**

What's this got to do with me?

Self-differentiation is very important aspect of leadership, as well as a healthy sense of self. especially in transitional situations

Systems' dynamics will eat you alive if you are not working towards self-differentiation.

- **Self Differentiated Leaders**

Lead by their principles (what are yours?) (but don't beat people over the head with them) Stay grounded in facts, thinking out

Being the less anxious presence

Stay in good contact with people in the system

- **Taking time to explore self**

Exploring my own sense of self-differentiation

Take the survey with you. Spend some time with it.

Be honest with yourself! This is for your use.

Who can help me become more self differentiated?

- **Other ways towards self differentiation** (A few examples)

Build your understanding of multiple intelligences, emotional intelligence

Leadership assessments like: Core Value Index ; L.E.A.D

Build understanding of leadership styles: Adaptive and Technical

Engage in Spiritual direction, coaching, therapy

- **Some Resources**

Youtube has many presentations

The one we viewed was <https://www.youtube.com/watch?v=TMbddLR6CP4>

Online resources are numerous: here is one such article-

<https://familytherapy.wordpress.com/2007/06/06/differentiation-of-self/>

Books- several by Dr. Roberta Gilbert--helps build understanding of systems theory

Peter Steinke is the "guru" of applying systems theory in the church.

The Emotional Intelligence of Jesus by Oswald and Jacobson

- Lombard Peace Center offers workshops and extended experiences