



Presbytery of  
Southeastern Illinois

Presbytery of Southeastern Illinois  
Newsletter November 8, 2019



## Annual enrollment for 2020 benefits

October 28 - November 15



**Benefits Connect**  
THE BOARD OF PENSIONS

**Make sure you'll have the coverage you want effective January 1**

**What are you waiting for? Annual enrollment, your chance to make changes or elect benefits for 2020, ends Friday, November 15.**

Log on to [Benefits Connect](#) today to review your choices and costs and make your elections for 2020 benefits. After annual enrollment ends, you won't be able to elect coverage or make changes for 2020 unless you have a qualifying life event, such as getting married or welcoming a child, during the year.

**Questions?** Call the Board at 800-773-7752 (800-PRESPLAN) Monday through Friday, 8:30 a.m. to 7 p.m. ET.



## Four Key Strategies That Help Pastors Flourish



### Four key strategies that help pastors flourish

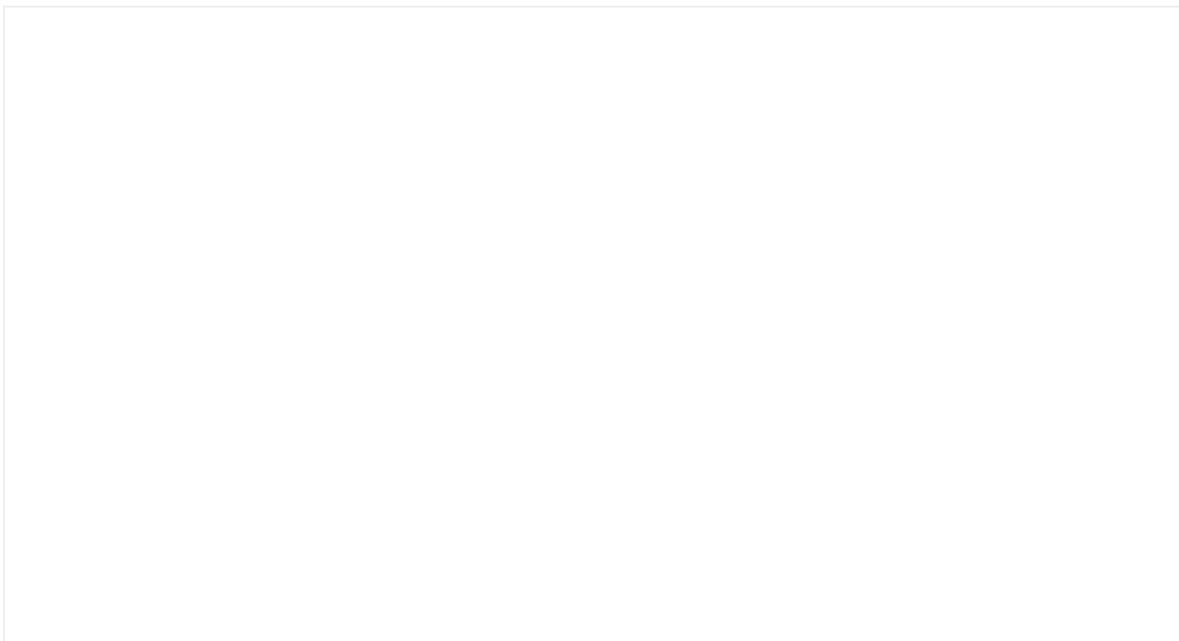
Reading the Bible in the early morning quiet. Taking a walk along a greenway. Accepting a congregant's offer of help. According to research conducted at Duke University, these practices, done with intention, can help pastors flourish in their...

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[faithandleadership.com](http://faithandleadership.com)



## Have You Completed the Minister Survey?



# Minister



## Pastors are flocking to complete the Minister Survey

by Mike Ferguson | Presbyterian News Service LOUISVILLE - Overweight but active. Satisfied with their present call but somewhat exhausted, in part because of the long hours the work often entails. Concerned with their congregation's finances and...

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[www.presbyterianmission.org](http://www.presbyterianmission.org)



## November Bible Study

*For use at Presbytery gatherings/meetings.  
Authored by Rev. Bill McLean, Presbyter for  
Congregational Care.*

Romans 14:1-6 - New Revised Standard  
Version (NRSV)

Welcome those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.



Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God.

- When have we/you welcomed someone with the result being (intentionally or unintentionally) "for the purpose of quarreling over opinions"?
- What are the meat or days in 2019 and 2020 where we need to "Let all be fully convinced in their own minds" instead of passing judgement on another?
- How might the Presbytery/congregation/committee be guided by this Scripture?



## 2019 Stated Meetings

(Click on church name for church website; click on address for Google map)

Thursday, November 21 - [First Presbyterian Church, Effingham](#)  
[600 W. Temple St., Effingham, IL](#)

